

# The Epistle

Loving  
Joyous  
Inclusive

February 1, 2014

## UPCOMING SUNDAY 9AM FORUMS

**Sundays, February 2 – March 2**

### **Introduction to Church History**

*Come discover how people of faith have lived the teachings of Jesus since the time of the apostles. We will explore how we adapted through the centuries and discover the history behind many of our current practices.*

February 2	The Episcopal Church, USA	
February 9	Contemporary Denominations & World Christianity	
February 16	The Early Church	30AD – 451AD
February 23	The Medieval Church	451AD – 1500AD
March 2	The Reformation & Anglican Church Origins	1500 – 1900

**Sundays, March 9 – April 6, 9am**

### **Introduction to Church Music and Hymnody**

*Led by Dr. Robert Poovey, Director of Music*

**Sundays, May 4, 11, 18, 25, 9am**

### **Christ is Risen: Comparing Resurrection Stories in the Gospels**

*Led by the Revs. Fred Reynolds & Jennifer Zogg*

## On My Heart and Mind

For Christmas, I was given Malcolm Gladwell's newest book "David and Goliath". In my opinion, it is his most interesting and insightful book to date. He takes the David and Goliath story and turns it upside down. From a battle between underdogs and giants where the miraculous happened (David won), Gladwell asks: "He shouldn't have won. Or should he have?" Gladwell then challenges us to rethink what we consider to be obstacles and disadvantages. Goliath was perhaps 6 feet 5 inches, huge by ancient Israel standards. The Philistines had figured out the technology of smelting and so Goliath had state of the art metal weaponry of sword and spear. David had a sling shot with 5 smooth stones. Only a fool would bet against Goliath winning. But Goliath was weighted down by 30-40 pounds of a metal breastplate, leggings and helmet. He had no mobility. He was used to fighting someone who fought the way he did - slugging it out face to face. But David had other ideas. Over many years, he had acquired great expertise with the sling shot. He had killed lion and bear when guarding his flock of sheep. David had no intention of going face to face with Goliath; he had no need to. He stood a long distance away, put one of his stones in his sling shot and with utter confidence fired it to the exact spot on Goliath's forehead that killed him. A miraculous event? Nope. Instead what Goliath believed to be his advantage in size and weaponry proved to be his greatest weakness. What looked to be David's biggest disadvantage, his small size and puny weapon, proved to be his greatest advantage.

As we start this new year of 2014, I believe that we have 5 smooth stones to combat some of the challenges we face: generosity, compassion, faithfulness, courage, and forgiveness.

My love to you all,  
Fred Reynolds,  
Rector

## Sunday, February 2: 8am & 10am Worship Feast of the Presentation and Candlemas



*We will celebrate Jesus' presentation in the Temple and the priest Simeon's proclamation of Jesus as "the Light to enlighten all nations." Accordingly, we will join the traditional church observance of Candlemas where we bless candles for the home and church as symbols of Jesus, who is the Light of the world, in our midst.*

We receive letters...



From Episcopal Divinity School for our financial gift in the amount of \$1,250.00 to help prepare faithful individuals working to bring strength, reconciliation, and renewal to our Churches and the world.

## Faith Club Book Reading



Please join us for the next Faith Club book reading. We will be reading Joan Chittister's *Welcome to the Wisdom of the World and Its Meaning for You: Universal Spiritual Insights Distilled from Five Religious Traditions*. As Goodreads describes it: Certain questions are common to all of us as human beings. Why was I born? What's important in life? How do I know the right thing to do? What does it mean to "make a difference"? What's wrong with me? Why can't I change? Such questions are so deeply human that they transcend time and place, religions and cultures. Meeting times are scheduled for Tuesday nights at 7:00 on 2/25, 3/4, 3/25, 4/1, and 4/22. Contact Diane Evans at 442-2461 or at [dmacevans14@yahoo.com](mailto:dmacevans14@yahoo.com) for any questions.

## Exploring Discernment and Spiritual Practices

Saturday, March 8, 2014

St. Paul's Church

9:00 a.m. - 3:00 p.m.

"Discernment is not once-and-for-all decision making at critical points in one's life (Should I take this job? Who should I marry? Where should I live and work?), but a life-long commitment to 'remember God', know who you are, and pay close attention to what the Spirit is saying today" (Henri Nouwen)

"Discernment is a relatively simple process. It entails praying for guidance, asking for questions, listening to the insights of others, and making considered choices." (Diana Butler Bass)

"Discernment, as one of my favorite writers puts it, involves practice in prayerful attention to the inner movements of our hearts, prayerful reflection on them, and honest appraisal of what seems most in tune with God's purposes." (Trevor Hudson)

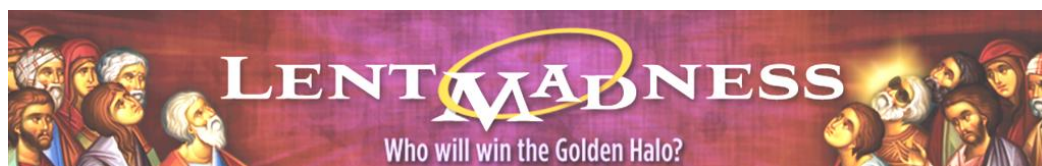
As the season of Lent begins Nancy Grear and Ann Buerschaper invite you to a workshop to explore spiritual practices that will help you to be aware of the movement of the spirit within your life. Our hope is that as we explore and use these spiritual practices they will seep into our lives drawing us closer to self, others and God -

"Lent is about opening ourselves and preparing to receive God's goodness."

For more information or to register contact Nancy or Ann:

Nancy Grear [585-305-5727](tel:585-305-5727) or [Nancy.grear@gmail.com](mailto:Nancy.grear@gmail.com)

Ann Buerschaper [585-654-6803](tel:585-654-6803) or [ahbuer@gmail.com](mailto:ahbuer@gmail.com)



## Coming to St. Paul's – LENT MADNESS

Think of combining the excitement of the NCAA basketball tournament (aka: "March Madness") with the thrill of watching saints of the church, both ancient and modern, compete for the "Golden Halo". Hard to fathom such excitement? Then you haven't experienced Lent Madness!

This March and April, St. Paul's will participate in Lent Madness. Stay tuned in the next few weeks for details on how you can cheer on your favorite saint. In the meantime check out the Lent Madness web site at <http://www.lentmadness.org/about/>. The site will provide all the information you ever wanted to know about Lent Madness and remind you that the sacred can also be great fun.

# LENTEN SERIES 2014

**Thursday Evenings: March 13 – April 10**

6pm: Holy Eucharist, 6:30pm: Soup Supper

7pm: Program



## **TED Talks and Faith:**

## **Video and Discussion**

*We will watch 20 minute presentations by experts in their field from [www.TED.com](http://www.TED.com), a worldwide program dedicated to spreading innovative ideas in science, technology, medicine, spirituality, creativity and education.*

## **St. Paul's Day Care Center News**

### **Full Day Universal Pre-Kindergarten to Begin February 3**

One year ago our then brand new Executive Director, Michelle Mousseau, and her staff went through the daunting process of re-applying to continue to be an off-site provider for Universal Pre-Kindergarten (UPK), a half day program offered free to city residents and funded by New York State. Much to our delight and relief, St. Paul's Day Care Center received an "outstanding" rating.



A year later we have another "feather in our cap"! Just before Christmas, St. Paul's Day Care Center was notified that it had been selected as an early off-site provider for the newly funded *full day Universal Pre-Kindergarten, beginning February 3<sup>rd</sup>*. We notified the parents and every family chose to participate in the full day program.

Despite the negative press our city schools receive, the Rochester City School District's Universal Pre-Kindergarten program that began a decade ago has proven to be an enormous success. The children in this program have consistently higher test scores when they enter Kindergarten and they continue to show stronger literacy skills than their peers who have not attended a strong curriculum-based pre-kindergarten.

After fifteen years as a tutor (and 7 years as a coordinator) in our Adopt-a-Classroom Program at School #9, I have personally witnessed the profound advantage Universal Pre-Kindergarten has provided. Before Universal Pre-Kindergarten was made available in 2003, our tutors spent an entire year working on "pre-reading" skills: helping children hold pencils, use scissors, identify letters in their name and covering basic concepts such as colors and shapes. A handful of children left kindergarten able to sound out three letter words; however many children struggled to even identify letters.

Today our tutors can quickly identify the increasing numbers of kindergarteners who have had quality pre-school. Those children are reading by October and our tutors now spend most of the year helping children who did not have pre-school to "catch up".

We are so pleased that Rochester's children will now have access to free full day Universal Pre-Kindergarten and we are proud to be one of the first Centers to offer this program. Liz Cook

## THANK YOU FROM YOUR PARISH PROFILE COMMITTEE

Using your input and that of other members of St. Paul's, your Parish Profile Committee was able to present information about our parish to help the Search Committee in completing its task of identifying our next Rector and to help potential Rector candidates discern if St. Paul's would be a good fit for them. We were delighted that almost 45% of all parishioners (a much higher percentage of those who attend regularly) took the time to respond to the survey, and 60 attended one of our focus group meetings. Your participation helped to ensure that our final Parish Profile is complete and accurate.

The results of the survey and the report of the Parish Profile Committee are accessible at the St. Paul's website at <http://stpaulsec.org/transition> as well as from the church office.

I'd like to thank the members of the Parish Profile Committee for their hours of intensive dedication to facilitating the profile-building process: Tim Dewart, David Eiss, Kathy Hiltunen, Hank Kingston, Chari Krenis, Peg Willard, and Erin Wright.

With much gratitude to all involved,  
Judy Wadsworth, Chair  
Parish Profile Committee

## Rector Search Committee Report

We take this opportunity to thank our Parish Profile Committee for producing an extraordinary document in a very short time. Our Parish Profile clearly, concisely and directly describes St. Paul's values, goals, assets, challenges and the attributes we seek in our next Rector.

Your Search Committee met with The Rev. Julie Cicora January 13th. She is the member of Bishop Singh's Executive Staff responsible for assisting parishes with clergy transition. Julie presented an overview of the rector search process and she described the clergy search resources available from the Diocese and the National Church. Fundamentally Rev. Cicora provides the transition process template and each parish tailors it to their unique requirements.

Your Search Committee meets weekly and subcommittees meet as frequently as necessary. The path forward for January includes completion of the Community Ministry Profile (CMP), definition of the search process tasks, milestones and schedule and preparation of questions for candidate interviews. The Community Ministry Portfolio is the standard document used by the Diocese to formally announce our search to potential candidates through National Church channels.

The Search Committee needs your active involvement in the process. First, please pray for Search Committee guidance. Second, submit comments, questions and names of potential candidates to the committee. Finally, spread the word of our transition to family and friends.

Respectfully,

The Rector Search Committee

Judy Carpenter Tim Dewart, Charlotte Kimberly-Haag, Pat Moran, Nancy Reale, Stan Refermat (Chair), Ed Rubel, Duane Swanson, Peg Willard and Dan Wright

*O God: Give us insight into your purposes for St. Paul's parish, and wisdom and determination in making provision for its future in accordance with your will; through Jesus Christ our Lord. Amen.*

# CHRISTMAS PAGEANT 2013



## SPY Corner

### SPY Hosts our Intergenerational Soup Lunch

Sunday, February 9, 12noon – 1pm



Look for your invitation in the mail and  
RSVP!



Ash Wednesday

Imposition of Ashes and Holy Eucharist  
March 5, 2014

7am, 12noon & 6pm

## Shrove Tuesday



You are invited to this year's

### SHROVE TUESDAY PANCAKE SUPPER

to be celebrated on March 4<sup>th</sup> from 5:30 to 6:30pm in the  
Parish Hall. We'll have a pancake feast, Mardi Gras  
decorations and music, and a lot of fun! Signup sheets  
will be in the Parish Hall for volunteers to help us put  
the feast together and for everyone who will  
join us as a guest.

Everyone is welcome...bring a friend!

### Welcome New Member

Through Baptism

Anderson Bayley Kane

January 5, 2014

Son of Brendan R. & Emily Bayley Kane

&

Grandson of Floyd & Donna Bayley

### AA Meetings @ St. Paul's

Tuesday – 6:00 pm – The Women's Home Group

Wednesday – 8:15 pm – The Young & The Reckless

Thursday – 8:15 pm – The Academy Group

Friday – 10:05 pm – Heard It Through the  
Grapevine

Saturday – 10:30 am – Step Sisters

Saturday – 10:00 pm – Last House on the Block

### Al-Anon Meetings

Wednesday -- 6:00 pm – Al-Anon – Friends of Lois

Thursday – 7:00 pm – How Al-Anon Works

<b>Sun—2/02</b>	8:00 AM & 10:00 AM	Holy Eucharist
	9:00 AM	Forum: Introduction to Church History
	9:00 AM	Adult Bible Study - Exploring the Bible
	9:30 AM	Child Care
	10:00 AM	Youth Formation - Grades Pre-K - 7
	11:15 AM	Youth Community Time
	11:45 AM	Choristers Rehearsal
<b>Mon—2/03</b>	5:30 PM	Rector Search Committee
<b>Tue—2/04</b>	11:00 AM & 7:00 PM	HLAA Meeting
<b>Wed—2/05</b>	12:00 PM	Holy Eucharist with Healing
	4:00 PM	Investment Policy Committee
	7:30 PM	Adult Choir Rehearsal
<b>Thu—2/06</b>	8:00 AM	Morning Prayer
	4:30 PM	Holy Eucharist at St. John's Meadows
	7:30 PM	Bell Choir Rehearsal
<b>Sun—2/09</b>	8:00 AM & 10:00 AM	Holy Eucharist
	9:00 AM	Forum: Introduction to Church History
	9:00 AM	Adult Bible Study - Exploring the Bible
	9:30 AM	Child Care
	10:00 AM	Youth Formation - Grades Pre-K - 12
	10:30 AM	SPY Youth Gathering with Rector
	12:00 PM	Seniors Soup Luncheon
<b>Mon—2/10</b>	5:30 PM	Rector Search Committee
<b>Tue—2/11</b>	7:00 PM	Parish Operations Meeting
<b>Wed—2/12</b>	12:00 PM	Holy Eucharist with Healing
	7:30 PM	Adult Choir Rehearsal
<b>Thu—2/13</b>	8:00 AM	Morning Prayer
	7:30 PM	Bell Choir Rehearsal
<b>Sun—2/16</b>	8:00 AM & 10:00 AM	Holy Eucharist
	9:00 AM	Forum: Introduction to Church History
	9:00 AM	Adult Bible Study - Exploring the Bible
	9:30 AM	Child Care
	10:00 AM	Youth Formation - Grades Pre-K - 7
	11:15 AM	Youth Community Time
	11:45 AM	Choristers Rehearsal
<b>Mon—2/17</b>	President's Day - Church Office Closed	
	4:30 PM	<b>Newsletter Deadline</b>
<b>Tue—2/18</b>	7:00 PM	Vestry Meeting
<b>Wed—2/19</b>	12:00 PM	Holy Eucharist with Healing
	7:30 PM	Adult Choir Rehearsal
<b>Thu—2/20</b>	8:00 AM	Morning Prayer
	4:00 PM	Holy Eucharist at Valley Manor
	7:30 PM	Bell Choir Rehearsal
<b>Sun—2/23</b>	8:00 AM & 10:00 AM	Holy Eucharist
	9:00 AM	Forum: Introduction to Church History
	9:00 AM	Adult Bible Study - Exploring the Bible
	9:30 AM	Child Care
	10:00 AM	Youth Formation - Grades Pre-K - 7
	11:15 AM	Youth Community Time
	11:45 AM	Choristers Rehearsal
<b>Mon—2/24</b>	5:30 PM	Rector Search Committee
<b>Tue—2/25</b>	7:00 PM	Faith Club Book Reading
<b>Wed—2/26</b>	12:00 PM	Holy Eucharist with Healing
	7:30 PM	Adult Choir Rehearsal
<b>Thu—2/27</b>	8:00 AM	Morning Prayer
	7:30 PM	Bell Choir Rehearsal



Web Site: [www.stpaulsec.org](http://www.stpaulsec.org)

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**Newsletter Reminder:** The *Epistle* is published on the first of each month. Submit your articles by the 15<sup>th</sup> of the month to: [publicity@stpaulsec.org](mailto:publicity@stpaulsec.org)  
Newsletter Coordinator: Kathy Kingston

Church Office Hours: M-F – 10 am – 4 pm

## Our Vision

We pray that all who enter St. Paul's experience God's presence in this community of faith, a community that through Christ strives to be loving, joyous, inclusive, transforming and filled with God's Grace.

## St. Paul's Ministry Staff

**Rector**  
The Rev. Frederic W. Reynolds

**Associate Rector**  
The Rev. Jennifer Zogg

**Director of Music**  
Dr. Robert Poovey

**Finance & Operations Mgr.**  
Dick Stryker

**Music Assistant**  
Karl Robson

**Clergy Assistant**  
Judy Loveland

**Accounting Assistant**  
Lisa Hubbard

**Director of  
Director of Children, Youth &  
Families Faith Formation**  
Camila Ospina

**Maintenance**  
Bob Potter  
Hector Quiles

View the full church calendar at:

[www.stpaulsec.org](http://www.stpaulsec.org)

- Visit us on Facebook

